

School Etiquette and Class Rules

Karate Uniform: Proper wear of uniform is a must. The uniform will be clean and neat. The uniform will be worn correctly including the belt. When a school patch is awarded (9th Gup Rank) it must be sewn on the left side chest area. Students may be asked to leave for an excessively dirty, or stained uniform or severely wrinkled uniform. During class, when adjusting the uniform, the student shall turn and face the rear of the class.

Note: Karate uniforms do not always fit perfectly. Students are encouraged to have the pant legs hemmed. Pant legs will not drag on the floor.

Discipline: The Martial Art Dojang is a place where students can polish their character and improve their physical fitness level and at the same time, learn how to protect themselves. The teaching methods used may not always be pleasing to the student but No Matter how uncomfortable or displeasing they may be, they are necessary to achieve the desired results and ensure proper discipline, safety and respect for all participants.

Bowing: Karate begins and ends with respect; always show respect for your Karate School, your Instructor/ Instructors and each other. When entering and leaving the DoJang - Bow. When Flags are present, face the flags, place right hand over Heart, left hand at your side - Bow. When meeting your instructor – Bow. When meeting other Black Belts -Bow.

Starting Class: When the class is called to attention (Chryut -Chair ree ut), all students will stop what they are doing, quickly move to line up according to rank and age and come to an attention stance. Students without a complete uniform, or no uniform will be at the end of the last line.

Attendance, Testing and Promotion: Each Rank within Tang Soo Do has specific skills and time requirements. Students must attend class regularly to ensure that they receive instruction on all required skills. Each student must attend 75% of scheduled classes and they must demonstrate proficiency in the skill requirements to qualify for promotion. Regular attendance and regular practice at home will ensure continued growth and proficiency.

Rank Tests are held every three months, Promotions are completed on the following Monday night class.

There are No Retests: If a student does not meet requirements for promotion, the student must then wait until the next scheduled testing cycle to try again.

All Rank tests have a \$20 test fee, due at the time of the test. Test fees are not refundable.

Make up Test are at the discretion of the instructor and incurs an addition \$10.00 testing fee.

Class Rules

1. At the start of class, during class and at the end of class, when given an instruction or command, students will respond quickly and promptly with no hesitation.
2. When given instructions one-on one the student shall acknowledge the instruction with either Yes Sir/Ma'am or Thank you.
3. Students will not talk out in class, interrupt instruction or distract other students.
4. Students will refer to their Instructor as "Sabomnim" or Master (Last Name).
5. Students will refer to all Black Belts as Mr./ Ms./Mrs. (Last Name)
6. Students or guest /visitors will not wear foot apparel on the training Matts. Martial Arts specific foot apparel may be worn however check with your instructor first. Absolutely NO Outside Shoes are allowed on matt.
7. When late for class, begin stretches and warm ups on your own, wait until the instructor addresses you to enter. Bow to enter dojang and quickly join line at the end so not to disrupt instruction.
8. When instruction is being given, stop what you are doing and listen.
9. Do not refute instruction. Do as instructed, if you have a concern; address it with the instructor during a break or at the end of class.
10. Wearing of watches, rings, necklaces and other jewelry is prohibited. Wedding rings exempt.
11. Personal Hygiene is mandatory. Students will keep their finger nails and toe nails trimmed to minimize injury.
12. Free sparring is not allowed without permission from the Instructor and supervision by an adult Black Belt.
13. When Free Sparring, no contact is allowed above the shoulders. Contact is allowed during point sparring but only as directed by the instructor.
14. When sparing a junior member, students will exercise great control and maintain a high level of safety for both participants.
15. Horseplay and / or disorderly conduct is not allowed or tolerated. Keep your hands and feet to yourself.
16. Wining is not allowed or tolerated, maintain a positive attitude.
17. No food or drink is allowed in the DoJang except during Special Events. Gum chewing is not allowed.
18. Absolutely no vulgar language will be tolerated.
19. Unacceptable conduct or behavior while in class or attending an event sponsored by this school will result in dismissal.
20. Violations of rules 11 through 18 can result in dismissal from the school at the discretion of the instructor.