



Trinity Martial Arts  
Application For 2nd GUP Testing  
Red Belt Blue Stripe



Testing Fee \$20.00

Your Rank \_\_\_\_\_

New Rank \_\_\_\_\_

Name \_\_\_\_\_ AGE \_\_\_\_\_

e-mail \_\_\_\_\_ Phone # \_\_\_\_\_

The following testing requirements are the minimum for promotion to the next belt rank. It is important that the student maintains proficiency in all skills and techniques covered during previous tests. Students may be asked to perform skills / techniques from any previous test. All Black Belts will be asked to perform a full range of skills and techniques from basic, intermediate and advanced levels.

BASIC DRILLS 8 & 9				HYUNGS/ FORMS - Pyahn Ahn 5 & Basia							
	8	9			P5	Basia					
Techniques	<input type="checkbox"/>	<input type="checkbox"/>		Techniques	<input type="checkbox"/>	<input type="checkbox"/>					
Sequence	<input type="checkbox"/>	<input type="checkbox"/>		Sequence	<input type="checkbox"/>	<input type="checkbox"/>					
Power	<input type="checkbox"/>	<input type="checkbox"/>		Power	<input type="checkbox"/>	<input type="checkbox"/>					
Focus	<input type="checkbox"/>	<input type="checkbox"/>		Focus	<input type="checkbox"/>	<input type="checkbox"/>					
IL SOO SIK DEH RYUN/ONE STEPS 7,9,11,13 & 15				HO SIN SOOL / SELF DEFENSE 10,13,15,16,& 17							
	7	9	11	13	15		10	13	15	16	17
Techniques	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sequence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Power	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Focus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kyuk Pah / Breaking						Deh Ryun / Sparring					
Hook Kick											
Technique	<input type="checkbox"/>					Active Engagement					<input type="checkbox"/>
Intensity	<input type="checkbox"/>					Balance - Offense / Defense					<input type="checkbox"/>
Effectiveness	<input type="checkbox"/>					Advanced Techniques					<input type="checkbox"/>
Focus	<input type="checkbox"/>					Focus					<input type="checkbox"/>
Techniques / Terminology						Focused Kicking					
						1		2		3	
Correct Terminology of Techniques						<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
Execution of Technique						<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	
Focus of Techniques						<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	

WRITTEN TEST

BIBLE VERSE Rev22:1, 13, 16-17, 10 Articles of Faith

Backof Form maybe used.